



**CareNet**  
Counseling

An affiliate of  
Wake Forest Baptist Health

[CareNetNC.org/Western](http://CareNetNC.org/Western)

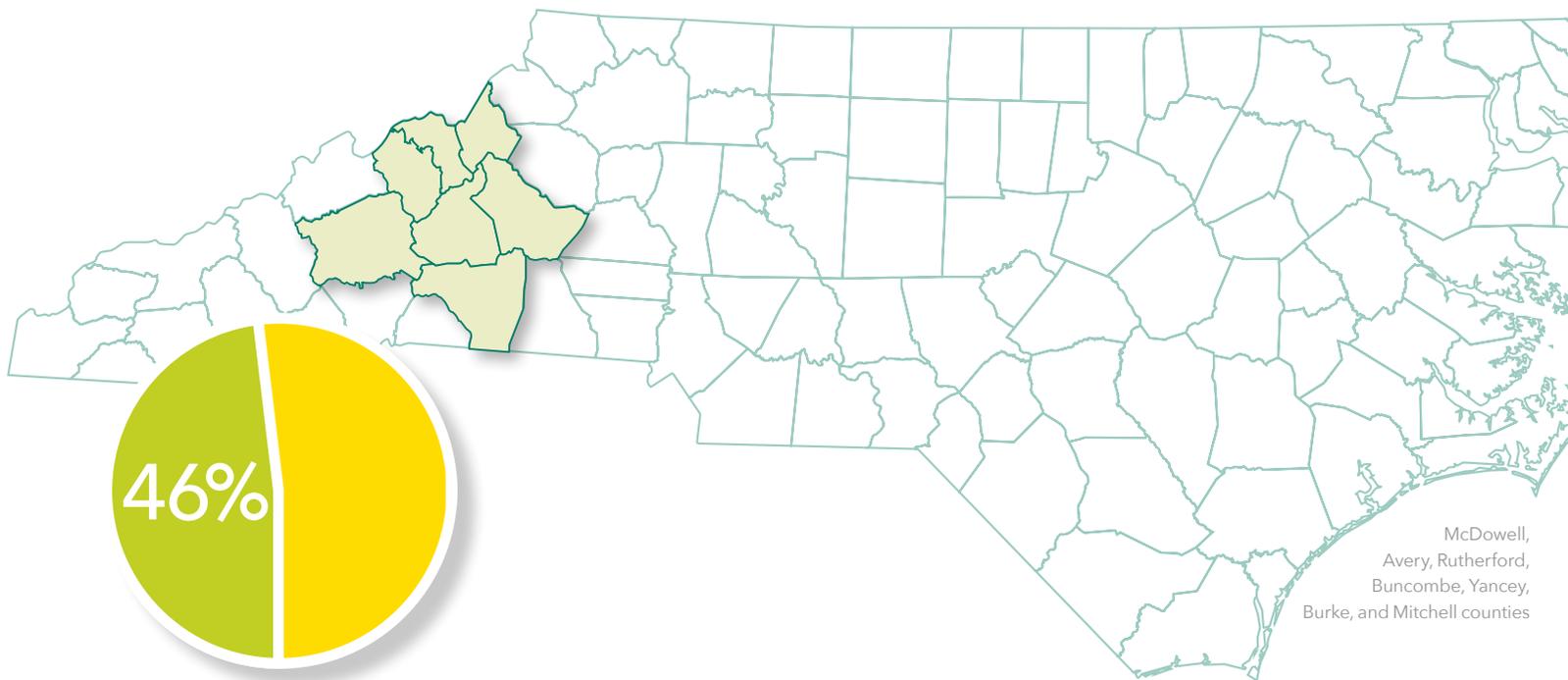
# A look inside

FEBRUARY 2016 - DECEMBER 2017



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McDowell,  
Avery, Rutherford,  
Buncombe, Yancey,  
Burke, and Mitchell counties

## Less than 1/2

The percentage of adults in North Carolina with a mental illness who receive the treatment they need

### Our Continuing Commitment

*For almost two years, the counselors at our Western Region have been providing spiritually-integrated psychotherapy to individuals in this part of the state. Our office is located in Marion.*

**783**

The number of clinical hours we have provided since February 2016



**\$13,000**

The total dollar amount of counseling provided to uninsured and underinsured neighbors in our community since February 2016

**1200**

The number of hours of spiritually-integrated counseling service we aim to bring to our community after the addition of a new resident therapist this fall

**139**

The number of families and individuals we have served since February 2016





Every **\$1** invested in behavioral health has the opportunity to **yield \$4 - \$12 in economic returns.**



**64%**

The percentage of clients demonstrating financial need during our first calendar year of existence



**88**

The number of North Carolina counties (plus two adjoining states) the CareNet team serves clients in

**Why invest in the behavioral health of our community?**

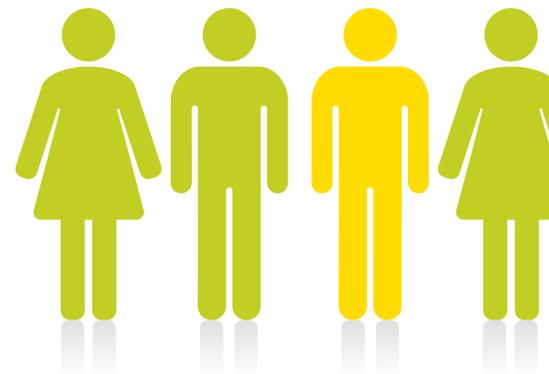
**1 in 4 people in North Carolina will be affected by a mental health issue in 2017.** Access to the care they need will improve health, restore balance, unite people and strengthen our community.

**48**

The number of clients who are connected to a total of 31 local faith communities

**90% \***

The estimated percentage of people who need behavioral health services in McDowell County, but don't have access to it



\*Based on combined data from the 2013 McDowell County Community Health Assessment and the National Prevalence of Mental Illness and Addiction

**PERSONAL RELATIONSHIPS**

"If a day comes that you doubt you're making a difference, please remember you saved my life." A sacred moment on the shore after crossing a sea of suffering. Clients bring light to our lives as we journey through their darkness. We are honored to journey with them, and with you as you participate in the mission of CareNet.

On behalf of a dynamic board, passionate staff and profoundly resilient clients, thank you so very much for your support of CareNet Western Region. Our work is our calling, and we greatly appreciate the important role our friends and partners play in helping us provide services to hurting and wounded individuals, individuals suffering from depression and anxiety, those struggling with loss and unmet dreams, as well as those in unhealthy and challenging relationships. Your partnership helps us minister to the emotional and spiritual needs of all those we serve. Together we are changing lives - forever.

Caleb L. Pusey, MDiv, MA, LPC, NCC  
*Director, CareNet Western Region*



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