

46%

Less than 1/2

The percentage of adults in North Carolina with a mental illness who receive the treatment they need

Our Continuing Commitment

For over 13 years, the clinicians at our Central Region have been providing spiritually-integrated psychotherapy to individuals in the central part of the state. Offices are located in Erwin, Fuquay-Varina, and Raleigh.

Chatham, Durham, Granville, Harnett, Johnston, Lee, Sampson, and Wake counties

185

Average number of clinical hours we deliver each month to those in need of counseling services



\$8,955

Amount of client aid provided to serve members of our community in dire financial circumstances with limited, and in many cases no other, options for treatment



2,218

Number of hours of outpatient individual, marital, family and group counseling our certified counselors and psychotherapists provided across Central North Carolina in the past year

346

Number of families and individuals we have served

42

Percent of clinical hours provided to individuals and families without insurance, underinsured, or utilizing Medicaid





Every **\$1** invested in behavioral health has the opportunity to **yield \$4 - \$12 in economic returns.**

X



105

Number of individuals we have certified in Mental Health First Aid through our community outreach program.



28

Number of valued relationships we have with local faith communities and community organizations

100

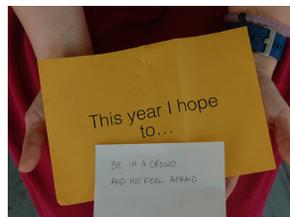
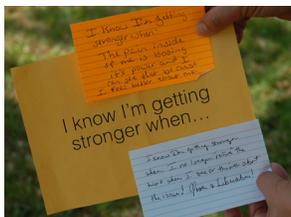
The percentage of participants who would recommend our four-week Healthy Spirituality Seminar Series. This informative and engaging series is free to all of our church partners.

81

Total number of children we have provided counseling for the past year in our offices

Why invest in the behavioral health of our community?

1 in 4 people in North Carolina will be affected by a mental health issue in 2017. Access to the care they need will improve health, restore balance, unite people and strengthen our community.



Wall of Client Celebration - Each month we offer different prompts as part of the artwork in our lobby as a way for our clients to anonymously celebrate their progress, as well as celebrate the progress of others.

PERSONAL RELATIONSHIPS

"If a day comes that you doubt you're making a difference, please remember you saved my life." A sacred moment on the shore after crossing a sea of suffering. Clients bring light to our lives as we journey through their darkness. We are honored to journey with them, and with you as you participate in the mission of CareNet.

On behalf of a dynamic board, passionate staff, and profoundly resilient clients, thank you so very much for your support of CareNet Central Region. The need is great and complex, and at times, overwhelming. Dedicated, specialized, and comprehensive support and collaboration is required. You help make it possible. You are a light-bearer for us. Light shines in the darkness, and the darkness has not overcome it.

Missy Stancil, LPCA
Regional Director



CareNet
Counseling

An affiliate of
Wake Forest Baptist Health