



## Less than 1/2

The percentage of adults in North Carolina with a mental illness who receive the treatment they need

### Our Continuing Commitment

*For over 20 years, the clinicians at our Central Piedmont Region have been providing spiritually-integrated psychotherapy to individuals in our region of the state. Offices are located in Mooresville and Statesville.*

**350**

Average number of clinical hours we deliver each month to those in need of counseling services



**4**

Minimum number of days per week clinicians provide care within local non-profit agencies to their clients

**2,500**

Number of hours of outpatient individual, marital, family and group counseling our certified counselors and psychotherapists provided across our region in the past six months

**420**

Number of families and individuals we have served





Every **\$1** invested in behavioral health has the opportunity to **yield \$4 - \$12 in economic returns.**



**52**

Total number of children we have provided counseling for year-to-date in our offices



**88**

Number of North Carolina counties (plus two adjoining states) the CareNet team serves clients in

**18**

Number of valued relationships we have with churches, employers, and medical organizations in our region

**Why invest in the behavioral health of our community?**

**1 in 4 people in North Carolina will be affected by a mental health issue in 2017.** Access to the care they need will improve health, restore balance, unite people and strengthen our community.



## PERSONAL RELATIONSHIPS

Blue skies and warm temperatures are welcomed signs of renewal and hope for many this time of year. But sadly, not everyone's spirits lighten as daylight extends. Some report feeling hopeless with no way out. We know because we hear these stories multiple times a day. For some, the sadness may be brief, while others may have been dealing with it for years. Our role: to bring light to and restore hope for these individuals.

Our work is our calling, and we greatly appreciate the important role our friends and partners play in helping us provide services to hurting and wounded individuals, individuals suffering from depression and anxiety, those struggling with loss and unmet dreams, as well as those in unhealthy and challenging relationships. Your partnership helps us minister to the emotional and spiritual needs of all those we serve.

Cynthia Hickman Ray, MS, LPC  
*Regional Director*



**CareNet**  
Counseling

An affiliate of  
Wake Forest Baptist Health