



46%

Less than 1/2

The percentage of adults in North Carolina with a mental illness who receive the treatment they need

Beaufort, Bertie, Camden, Chowan, Craven, Currituck, Dare, Duplin, Edgecombe, Franklin, Gates, Greene, Halifax, Hertford, Hyde, Lenoir, Martin, Nash, Northampton, Pasquotank, Perquimans, Pitt, Tyrell, Vance, Warren, Washington, Wayne, and Wilson counties

Our Continuing Commitment

For over 17 years, the clinicians at our Eastern Region have been providing faith-integrated psychotherapy to individuals in the eastern part of the state. Offices are located in Greenville, Rocky Mount, and Kinston. We are excited to share we will be opening a satellite location in Greenville at Third Street Education Center, 600 West 3rd Street, this fall.

517

Average number of clinical hours we deliver each month to those in need of counseling services



3

Minimum number of days per week clinicians provide care within local non-profit agencies to their clients

3,205

Number of hours of outpatient individual, marital, family and group counseling our certified counselors and psychotherapists provided across Eastern North Carolina in the past six months

595

Number of families and individuals we have served





Every **\$1** invested in behavioral health has the opportunity to **yield \$4 - \$12 in economic returns.**



74

Total number of children we have provided counseling for year-to-date in our offices



Almost 40%

The percentage of residents in Eastern North Carolina counties combined that reported serious mental health conditions last year

22

Number of valued relationships we have with local religious organizations

88

Number of North Carolina counties (plus two adjoining states) the CareNet team serves clients in



Thank you to all who joined us for our Fourth Annual CareNet Hope 5K/1K Fun Run/Walk. Proceeds and donations received through this event help make it possible for individuals in the midst of life's crises, situations, and events to move from a hopeless endurance to living inspired lives.

Why invest in the behavioral health of our community?

1 in 4 people in North Carolina will be affected by a mental health issue in 2017. Access to the care they need will improve health, restore balance, unite people and strengthen our community.



PERSONAL RELATIONSHIPS

Blue skies and warm temperatures are welcomed signs of renewal and hope for many this time of year. But sadly, not everyone's spirits lighten as daylight extends. Some report feeling hopeless with no way out. We know because we hear these stories multiple times a day. For some, the sadness may be brief, while others may have been dealing with it for years. Our role: to bring light to and restore hope for these individuals.

Our work is our calling, and we greatly appreciate the important role our friends and partners play in helping us provide services to hurting and wounded individuals, individuals suffering from depression and anxiety, those struggling with loss and unmet dreams, as well as those in unhealthy and challenging relationships. Your partnership helps us minister to the emotional and spiritual needs of all those we serve.

Janie Taylor, PhD, LMFT
Regional Director



CareNet
Counseling

An affiliate of
Wake Forest Baptist Health